



A COMMITMENT TO EXCELLENCE THAT SPANS FIVE DECADES

The Outpatient Rehabilitation Center at Lawrence Rehabilitation Hospital is your trusted healthcare resource with a long history of providing therapy with expert knowledge, compassion, and attention to detail.

“The outpatient team at Lawrence Rehab was knowledgeable and caring in treating my vestibular vision issues. I felt that they understood what I was experiencing and used their expertise to find the best path to recovery. I am grateful for their time and patience.
– Diane R., Vestibular Rehabilitation Client”



OUTPATIENT REHABILITATION CENTER
LAWRENCE
REHABILITATION HOSPITAL

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OUTPATIENT REHABILITATION CENTER
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Vestibular Rehabilitation, Balance & Concussion Program

Learn to Live Without Dizziness

Vestibular Rehabilitation Therapy (VRT) & Balance Program

Vestibular rehabilitation therapy involves exercises that help address problems with dizziness and balance. A comprehensive evidence-based approach is applied by our certified therapists to address the multifactorial nature of these issues.

Benefits of participation in our vestibular rehabilitation and balance program include reduction in risk for falls, increased strength, balance improvement, improved visual stabilization, reduction in dizziness symptoms, and improved quality of life.

An individualized treatment program is established by our highly-trained therapists, based on the results of a thorough assessment and the patient's specific goals. They work diligently to address balance and walking difficulties, motion sensitivity, visual disturbances, fall risk, neck pain and other musculoskeletal issues.



EVALUATION WITH MODERN TECHNOLOGY

CONCUSSION REHABILITATION PROGRAM

Research indicates that early intervention allows for the best long term outcomes, and minimizes time lost from work, school, and sports.

Our VRT & Balance Program may help support people with the following conditions known to contribute to Vestibular and balance disorder:

- Benign Paroxysmal Positional Vertigo (BPPV)
- Concussion
- Vestibular Neuritis (Inner Ear Infection)
- Multifactorial Disequilibrium
- Acoustic Neuroma
- Cervicogenic Vertigo
- Migrainous Vertigo
- Meniere's Disease
- Persistent Perceptual Postural Dysfunction (3PD)
- Central Nervous System Disorders (Multiple Sclerosis, Stroke)
- Exposure to Industrial Chemicals
- Chemotherapy and some Antibiotic Treatments
- Peripheral Neuropathy

State-of-the-art equipment is used to assess each patient to maximize benefits of therapy.

The NeuroCom Balance Master

uses a highly sensitive force plate connected to a computer to measure a patient's center of gravity. This assists in identifying and addressing specific balance impairments.

InVision Software & vHIT

track and measure eye movements to assist in identifying and treating impairments that contribute to dizziness, visual disturbances and reduced balance.

Infrared Video Goggles

allow the therapist to record and interpret eye movements that provide valuable information about a patient's specific impairment.

We conduct a multisystem evaluation resulting in an individualized treatment plan.

Oculomotor System: Testing and retraining coordinated eye movements like scanning, convergence/divergence, accommodation and saccades to allow for reading, use of a computer, driving and return to sports.

Vestibular: Assessment and treatment of dizziness, vertigo and motion sensitivity, including BPPV

Balance Function: Assessment and treatment of balance responses including use of NeuroCom Balance Master

Cognitive: Assessment and treatment of memory, attention, processing speed, articulation and comprehension, including the Attention Process Training (APT) tool.



Musculoskeletal System: Evaluation and treatment of the neck as well as overall muscle strength, flexibility, and coordination

Return to Sport: The Buffalo Concussion Treadmill Test is administered to determine safe exercise parameters, when appropriate

Return to School or Work: Therapists support in your transition back to work or school.



GETTING STARTED

Your doctor may provide you prescription for physical therapy. You can also initiate a self-referral without a prescription.



Thorough Assessment & Personalized Treatment

